

英 語〔問 題〕

(100点・80分)

注 意 事 項

1. 試験開始の合図があるまで、この問題冊子の中を見たり、裏返したりしてはいけません。
2. この問題冊子は20ページあり、解答用紙は1枚（両面）です。
試験中に問題冊子・解答用紙の印刷不鮮明、ページの落丁などに気付いた場合は、手を挙げて監督者に知らせなさい。
3. 試験開始後、ただちに解答用紙の所定記入欄に、氏名・受験番号・誕生日をそれぞれ正しく記入し、さらに受験番号・誕生日をその下のマーク欄にマークしなさい。
4. 受験番号・誕生日が正しくマークされていない場合は、採点できないことがあります。
5. 解答は、解答用紙の解答欄に各設問で指示された方法で記入しなさい。
マーク方式は、例えば、

20

と表示のある問いに対して③と解答する場合は、次の(例)のように解答番号20の解答欄の③にマークしなさい。

(例)

解答番号	解 答 欄
20	① ② ● ④

6. 問題冊子の余白等は、下書きなどに適宜利用してよいが、各設問で指示された解答は、必ず解答用紙の解答欄に指示された方法で記入しなさい。
7. 試験終了後、提出は解答用紙のみとし、問題冊子は持ち帰りなさい。

Part I 次の英文を読んで設問に答えなさい。

As I sat in a café with my friend the other day, we were chatting about happy times from our past. One example I shared with her was that whenever I listen to Hikaru Utada's song *First Love*, I feel a strong sense of nostalgia. It reminds me of growing up in the late 1990s and early 2000s, when I often watched Japanese music programs like *Music Station* and recorded my favorite songs. That period of J-pop, with artists such as Ayumi Hamasaki, L'ArcenCiel, and SMAP, left a lasting impression on me. It was a very special time that I still remember fondly. She shared that she had similar memories and feelings as well.

As can be seen from the example above, nostalgia commonly evokes positive feelings. However, it is not that simple. Nostalgia is a complex feeling that involves a sentimental longing for the past, often accompanied by a sense of warmth and happiness, but it can also contain elements of sadness or a longing for a time from one's past.

In the 17th century, Johannes Hofer, a Swiss physician, created the term “nostalgia” to describe the homesickness that soldiers experienced while being away from home. The term was coined to refer to the German word for “homesickness,” by combining Greek words for “returning home” and “pain.” During that time, playing the Swiss milking song “*Khue-Reyen*” was considered a crime, punishable by death, as it was thought to bring on the “disease” of nostalgia.

It was not until the 19th century that the stigma against nostalgia began to shift. ⁽⁶⁾It came to be seen with a more positive sentiment, rather than a mental condition. Carl Jung, a Swiss psychiatrist, argued that nostalgia was a way of reconnecting with our past and understanding our present. For him, nostalgia was a means to access the shared history and experiences that people have in common. This shift in perspective has led to increased research on nostalgia in the 20th and 21st centuries.

Nostalgia is often triggered by our senses of sight, hearing, smell, and taste, as they are connected to memories that remind us of a specific time in our past. A common trigger of nostalgia is music. For example, a song can connect us to memories from our childhood or important life experiences. Another example is the changes of the season. In Japan, many people become nostalgic when they see the cherry blossoms in full bloom, while in America, some people become reminiscent of past Christmases after the first snowfall. *Physical keepsakes such as photos and souvenirs also serve as connections to our past. Parents often feel nostalgic looking at pictures of their children as babies.

Today, nostalgia is recognized for its numerous health benefits, both psychologically and emotionally. It is said to have at least five benefits. First, it can boost our mood and increase happiness levels. Research has shown that recalling memories causes people to reflect on the important aspects of their lives, making them feel more satisfied. It can also aid in the strengthening of social connections because when we feel nostalgic, it is often due to memories connected with friends and family, or those who are meaningful to us. Moreover, remembering the past supports self-identity by helping us realize what we value and prioritize in our lives. Nostalgia also influences other areas of our lives by helping people build resilience and deal with changes. Oftentimes during periods of transition or change, recalling past experiences can help us become more resilient and allow us to face adversity with more confidence. Ultimately, nostalgia can ⁽⁷⁾foster a more positive outlook on life. By looking back on the things we have done in our past, we can shape our views going forward. Remembering positive experiences can create feelings of positivity and hope.

However, nostalgia can also have a negative influence on people. Nostalgia can become problematic when people use it as a means to escape or avoid current life situations or when they begin to idolize the past, which can make a person feel disconnected from reality and the present. Another negative effect that could be triggered by nostalgia is depression, especially when it is related to life events

connected to loss or regret, as they can rarely be regained or returned.

Therefore, it is important to find a healthy balance when it comes to nostalgia. We should understand that nostalgia can be a source of strength during challenging times in our lives, but it should also not become an escape that prevents you from facing the present or moving forward. Let's be mindful of our memories and appreciate them without getting lost in them. It is important to work on creating new memories in the present while still valuing those you have already created and to know that each memory plays a part in shaping who you are. Let the past inspire us, not confine us, and allow the present to be just as meaningful as what came before.

*Physical keepsakes 思い出の品

1

 から

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 の質問の答えとして最も適切なものを選び、その番号をマークしなさい。

1

 According to the passage, why was the song “*Khue-Reyen*” banned in 17th-century Switzerland?

- ① Because it was believed to weaken soldiers’ loyalty to their country.
- ② Because authorities thought it encouraged rebellion among farmers.
- ③ Because it was said to cause the dangerous condition of nostalgia in soldiers.
- ④ Because the song contained messages critical of Swiss medical practices.

2

 According to the passage, how did the perception of nostalgia begin to change in the 19th century?

- ① It was associated with emotional instability caused by sensory triggers like music.
- ② It started being viewed less as a mental illness and more as a meaningful emotional experience.
- ③ Medical professionals began to criminalize it due to its harmful psychological impact.
- ④ It came to be seen as a symptom of isolation in rapidly industrializing societies.

3

According to the passage, how do sensory experiences contribute to the feeling of nostalgia?

- ① They create new associations between present experiences and imagined futures.
- ② They help people forget painful memories by distracting them with sensory input.
- ③ They trigger memories connected to specific moments or periods in the past.
- ④ They intensify the emotional reaction to present events, making them more memorable.

4

Which of the following is NOT mentioned as a potential benefit of nostalgia?

- ① It can increase motivation by pushing people to improve their future.
- ② It can boost mood and lead to greater happiness.
- ③ It can strengthen social relationships through shared memories.
- ④ It can support personal identity by helping clarify one's values.

5

What is one possible downside of nostalgia, as described in the passage?

- ① It encourages people to romanticize current events.
- ② It can cause people to distance themselves from their past.
- ③ It sometimes replaces emotional connections with material ones.
- ④ It may lead to a disconnection from the present and even depression.

6

What does the underlined word (6) refer to?

- ① nostalgia
- ② stigma
- ③ shift
- ④ the 19th century

7

Which is the closest in meaning to the underlined word (7)?

- ① limit
- ② encourage
- ③ remember
- ④ describe

8

下の表は、この文章のメインポイントを段落ごとに順番に並べたものです。本文の流れに沿って、空欄に適する選択肢をひとつ選び、その番号をマークしなさい。ただし、各選択肢は一度しか使えません。

Recalling personal memories through nostalgic music from the past

Understanding nostalgia as a complex mix of warmth and sadness

Historical perception of nostalgia as homesickness and illness

8-1

Sensory triggers like music and seasons that evoke nostalgia

8-2

8-3

Maintaining a healthy balance between past memories and present life

- ① Emphasizing the importance of forgetting painful childhood experiences
- ② Explaining how technology has changed the way we experience nostalgia
- ③ Emotional and psychological benefits of nostalgic reflection
- ④ Shift toward viewing nostalgia as psychologically beneficial
- ⑤ Comparing nostalgia across different cultures and countries
- ⑥ Discussing the role of nostalgia in artistic creativity and expression
- ⑦ Risks of avoiding reality and idealizing the past through nostalgia
- ⑧ Showing how nostalgia can improve memory and academic performance

9

最後の段落には下記の質問の答えがあります。その答えを日本語で要点を押さえて述べなさい。解答は解答欄に書きなさい。

9-1

When can nostalgia help us?

9-2

What attitude toward nostalgia should we avoid?

Part II 次の英文の空欄 10 から 18 に入る最も適切な単語を選択肢から選び、その番号をマークしなさい。ただし、同じ選択肢は一度しか使えません。

Did you know that teenage years are an excellent time to start building muscle and to develop your physical strength? Once you are in the habit of strengthening your body, physical trainers agree, it is likely to be your lifestyle for the 10 of your life. They, however, suggest that teens must consider how they put their plan into practice before starting a bodybuilding program. Following a few important protocols can enable you to safely achieve the results you 11. You should also 12 your coach before and during your dedication to body building practice. Teen bodybuilders can often improve their results by limiting the number of repetitions they perform during each training session. Teens are often highly motivated to achieve the increase in muscle tone and mass that comes with bodybuilding. This 13 can cause a teen to overwork the muscles they target during a session. Excessive training will 14 recovery and slow any physical gains. Teens should only perform around five exercises per training session and complete a 15 of no more than 30 repetitions per exercise. One of the best things teen bodybuilders can do is to get some coaching. A qualified trainer can teach you how to 16 weights with proper form and technique. Such a trainer will also 17 you on how to set practical goals and to train with safety in mind. It is important that young bodybuilders establish a knowledge base upon which to build future success. An instructor who understands the challenges teen bodybuilders face can help you achieve your ideal 18.

選択肢

① build	② consult	③ enthusiasm
④ inhibit	⑤ instruct	⑥ lift
⑦ rest	⑧ seek	⑨ total

Part III 次の表とそれに続く英文と図表を読んで、

19

 から

22

 の質問の答えとして最も適切なものを選び、その番号をマークしなさい。

Consumption and production are key components of a healthy economy. However, as environmental challenges such as climate change and resource scarcity become more severe, the importance of responsible consumption and production is also increasingly evident. One sector that particularly demands sustainable practices is the electronics industry, due to its reliance on costly materials and high energy usage. Therefore, one of the Sustainable Development Goals (SDGs) is Responsible Consumption and Production.

In recent years, rapid technological advancements have shortened the life cycle of electronic devices, resulting in a significant rise in electronic waste. Figure 1 compares the amount of electronic waste generated per capita in Japan, South Korea, and Thailand. Figure 2 shows electronic waste recycling rates per capita in several countries, including Japan, South Korea, Germany, France, Italy, and Norway.

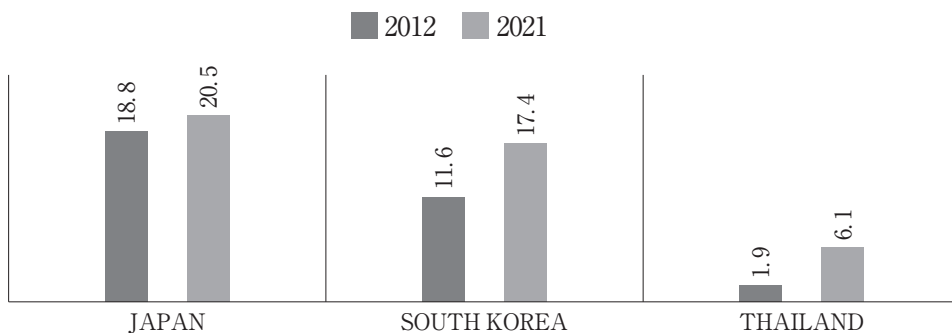


Figure 1. The quantity of electronic waste generated per capita (in kg) in 2012 and 2021.

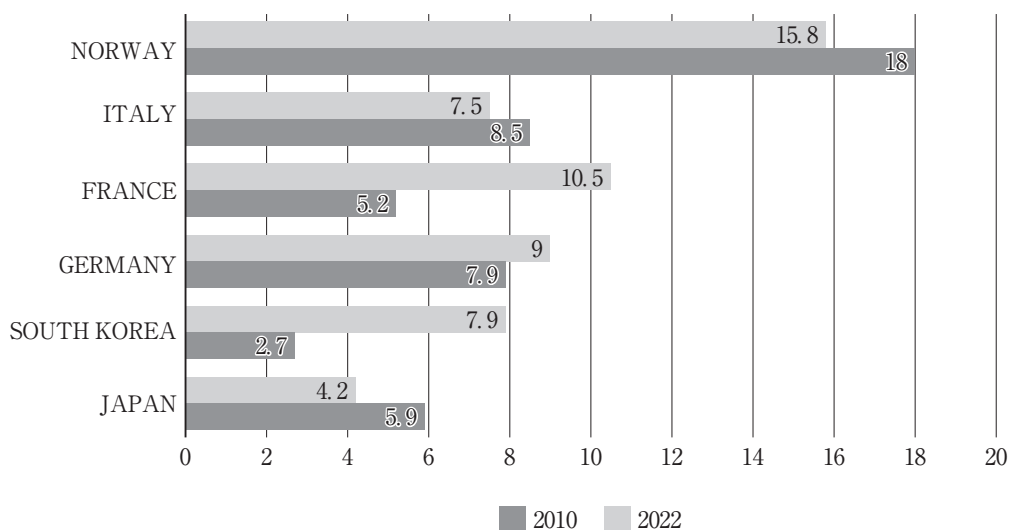


Figure 2. Electronic waste recycling per capita (in kg) in 2010 and 2022.

As artificial intelligence becomes more widespread, the development of electronic devices will continue to enhance our comfort and efficiency. There is no doubt that their advancements have the potential to revolutionize healthcare, transportation, communication, and many other sectors, making services more accessible and efficient. However, it is crucial to pursue this technological progress in a responsible and sustainable way. Only through careful regulation and inclusive policies in green technology can we fully realize the potential of these advancements without compromising the well-being of future generations.

Source: <https://unstats.un.org/sdgs/dataportal/countryprofiles/>

19

What is mainly discussed in the article?

- ① Accomplishment in sustainable waste disposal
- ② Causes of current technological developments
- ③ Environmental concerns linked to electronic equipment
- ④ Regional trends in the market of electronic devices

20

Which of the following is true based on the article?

- ① The consumption of electricity and the cost are important factors for their sales of devices.
- ② Quick advancement in technology originates from the short disposal cycle of electronic products.
- ③ “Responsible Consumption and Production” is an official goal within the SDGs.
- ④ Responsible consumption and production are evidence of environmental difficulties.

21

Which of the following can be said from Figures 1 and 2?

- ① Although the quantity of electronic waste has increased in some countries, the changes in recycling rate vary internationally.
- ② The rate of recycling electronic waste is growing in European countries but not in Asian countries.
- ③ In South Korea, there have been more electronic devices being recycled and reintroduced to the market in 2022 than those disposed of in 2021.
- ④ Thailand is a good example illustrating the difficulty in maintaining a balance between the amount of electronic waste and recycling efficiency.

What is the author's position regarding the problem of electronic waste?

- ① Advancing AI technologies can solve the ongoing challenges of electronic waste.
- ② Inclusive green policies contribute to protecting future generations while advancing technology.
- ③ Technological revolutions in many sectors are inevitable around the world.
- ④ Users should renew their outdated electronic devices by properly disposing of them.

Part IV 次の 23 から 26 の会話の空欄に入る最も適切な表現を選び、その番号をマークしなさい。

23

Saki : Hi, Mark! How are you doing? I've got a term paper due tonight, so I really need a sweet drink to boost my energy.

Mark : Oh, me too! I also have to finish my experiment report by tomorrow morning. Speaking of these sugary drinks, what do you think about the government's plan of increasing taxes on them?

Saki : I think raising taxes on unhealthy products is probably a good idea overall. I hope it can help reduce the rise of serious health problems in society.

Mark : I don't know. The government has already promoted some health campaigns to reduce their consumption. But I'm still wondering if ().

Saki : I hope so.

Mark : I support the government campaigns, and we should cut down on sugary drinks. But it is important to think about what each one of us can do first.

- ① the government should first implement the campaign
- ② taxes should not be reduced to promote sales
- ③ people could not make a healthy choice by themselves
- ④ taxes on sugary products could help improve the situation

Kate : I'm having trouble with the photocopier again. It's jammed, and I've already tried clearing the paper tray, but nothing seems to work.

Ryo : Oh, that's frustrating. Let me take a look. Did you check the toner levels? Sometimes a low-toner cartridge can cause paper jams, especially with older models.

Kate : Yes, I did. The toner is fine. I think it might be a problem with the rollers. I've noticed they've been making strange noises lately.

Ryo : Okay, that sounds like a more serious issue. I'll call the maintenance department right away. In the meantime, you can use the printer in the other office.

Kate : Thanks, Ryo. I appreciate your help. I just hope they can fix it quickly, because I have a lot of documents to copy for the meeting this afternoon.

Ryo : Don't worry, I will make sure to tell them that we are () to get this fixed.

- ① deciding to do it by ourselves
- ② hoping for timely support
- ③ requesting a document printing
- ④ looking for a repair company

Tom : Oh, by the way, in our next English class, we'll be discussing the impact of social media on society.

Beth : Really? I had a similar project last summer. I found out that while some people believe social media has caused more harm than good, others feel it has improved society.

Tom : Interesting. The professor said it's important to have your own opinion. So, what do you think?

Beth : Well, while there are certainly some negative aspects, I believe that social media is largely beneficial because it helps us get opinions from a diverse range of people. For instance, some social movements and minority voices have gotten recognition through social media.

Tom : That's a good point. Social media gives a platform for everyone to share their ideas and amplify their voices.

Beth : Yeah! ().

- ① I want to talk to you more about platforms later
- ② You should learn how to share your views online
- ③ I can't wait to discuss this topic with our classmates
- ④ You don't have to worry about giving your opinion

Kate : I'm feeling slow and lazy lately. I know I need to exercise more regularly, but it's hard to get motivated.

Ayu : I feel the same, Kate. Regular exercise is crucial for both physical and mental well-being. It can boost your energy levels and improve your mood.

Kate : That's true. I also know it's important for preventing health problems, but I struggle to fit it into my busy schedule.

Ayu : (). You could try taking the stairs, when possible, instead of the elevators or escalators during your lunch break.

Kate : That's a good idea. I think finding an activity that suits you would also help. I'm considering joining a dance class. I'll be more motivated if I do something enjoyable.

Ayu : Absolutely. Finding a workout buddy can also make exercising more fun. We could try a class together if you like.

- ① Taking a little exercise regularly can make a big difference
- ② Improving a walking style can motivate you to exercise
- ③ There are more workers who take active walks while working
- ④ Doctors recommend workers to avoid sitting too long in the office

Part V 次の各英文を読み、その内容を理解した上でカッコの語句をすべて使って、27 および 28 の下線部を正しく並べ換えなさい。ただし、他の語句を加えてはいけません。解答は作成した部分のみを解答欄に記入すること。

27

Texting is the most frequently used way of communicating with my friends. I find it the best way of staying in touch with them beyond social media. However, the other day, I had a frightening experience that got me to change my habit of constantly texting even when working on other daily tasks. As I was texting my friend at a subway station platform last Sunday, I was totally lost in it. Suddenly I noticed what I was doing when the coming train gave off a warning sound. Without the warning, serious consequences and potential injuries might have happened to me. Since that time, (has not / concern / but mine / of texting / the risk / been / anyone else's / while walking).

28

While chatting with my friend Lisa, our talk focused on stray animals. Both of us are cat owners, who are get sad and angry every time we come across news reports about abandoned pets. We wonder why there have been more and more cats and dogs thrown away like trash by some heartless and irresponsible owners. Lisa suggested that we, despite limited resources, could and should do something to improve the lives of stray animals. Some advice from staff at an animal shelter encouraged us to take action. The first step is raising awareness of people around us and encouraging them to support helpless animals in our community. We can help raise funds for their food and shelters. I totally support Lisa's viewpoint that (and most / a willingness / crucial step / empathy and / to / the initial / help / is expressing).